

TO REGISTER

Advanced EMDR Training: EMDR and Dissociative Symptoms

January 9-10, 2010

For early bird rate please send registration form with payment by: **December 11, 2009**

Individuals may register at regular rate until **Tuesday, January 5, 2010**

Note: Payment must be received before registrations are confirmed

****SPACE IS LIMITED, PLEASE REGISTER AS SOON AS POSSIBLE.**

Name: _____

Agency Name: _____

Program Name: _____

Address: _____

City: _____

Postal Code: _____

Phone: _____

Fax: _____

Email: _____

Registration Fee: \$345 (by Dec 11/09) or \$380

Method of Payment:

Cheque Enclosed: _____ Amount: _____

Credit Card Type: Mastercard Visa

Amount: _____

Number: _____

Expiry Date: Month/Year: ____/____

Signature: _____

Please Fax Registration to: (250) 383-6112 or
Send Registration to: #511-620 View St.
Victoria, BC V8W 1J6

For more information: Contact Lindsay at
(250) 383-5545 or reception@vwsac.com

Advanced EMDR Training: EMDR and Dissociative Symptoms

The **Victoria Women's Sexual Assault Centre** is pleased to announce an exciting two day workshop to be held on
January 9-10, 2010



Presented by HEALTH AND EMOTIONAL WELLNESS SEMINARS
With **Dr. Ulrich Lanius, Ph.D.,**
Dawna Dixx Milstein, O.T.

Victoria Women's Sexual Assault Centre
#511-620 View St.
Victoria, BC
V8W 1J6
Phone: 250-383-5545
Fax: 250-383-6112
E-mail: reception@vwsac.com
Website: www.vwsac.com



Advanced EMDR Training: EMDR and Dissociative Symptoms

Dissociative symptoms and processes are commonly co-morbid in a wide variety of psychological disorders. The dissociative process often interferes with effective treatment and therefore with positive treatment outcomes. Dissociative processes can occur on a continuum of severity with DID and DDNOS being the most severe. However, dissociation also does frequently occur at a less severe but intrusive level for a wider range of clients, and needs to be taken into account, particularly when treating mood disorders.

The mission of the Women's Sexual Assault Centre is to support, empower and advocate for women who are survivors of sexual assault and sexual abuse; and to work toward the prevention of sexual violence against women.

www.vwsac.com

THIS WORKSHOP WILL INCLUDE:

- provide a theoretical understanding and framework of dissociative symptoms
- provide an understanding of how dissociative symptoms affect an individual's level of functioning
- teach specific interventions intended to stabilize the client, create safety, help the client stay connected or get reconnected and therefore minimize dissociative symptoms and their effects
- teach how to integrate these stabilizing techniques into the EMDR treatment process, in order to maximize a positive treatment outcome

Qualifications Needed To Register

- Completion of Part II of the two part EMDR training program

January 9th & 10th from 9am - 5:30pm

Cost for the two days (includes lunch):

\$345: Early bird rate (by Dec 11, 2009)

\$380: Regular rate

The training will be held on the beautiful 14 acre grounds of Queenswood, located on 2494 Arbutus Road, Cadboro Bay, Victoria

(2 minutes by car east of the University of Victoria. Queenswood is about 20 minutes from downtown Victoria by car and 30 by bus).

For directions go to:

<http://www.queenswoodvictoria.ca/>

Reasonably priced accommodations (as well as spiritual retreats) are also available at this lovely centre.

To book accommodations contact:

250-477-3822 • 1-888-407-3822 or

<http://www.queenswoodvictoria.ca/>

For more information about the presenters or the content of the workshop, **go to:**

www.healthandemotionalwellnessseminars.com

Or call:

Dr. Stephen Milstein 1-604-938-3511, or

Dr. Ulrich Lanius 1-604-925-6246